

Course description

Start and finish at the Inn of Fall Creek Falls State Park, Pikeville. One loop around the gorge perimeter with two quarter mile out and back loops at miles 2 and 8. After start at Land Side Cabin Rd turn right on Main Park Rd. After 1 mile turn left on Gorge Scenic Drive. Go straight to Piney Creek Falls overlook turnaround. Turn left back on Gorge Scenic Drive. At Falls Creek Falls overlook turn right at the parking lot continuing on Gorge Scenic Drive. Just before the loop split (mile 6) turn left onto the bike trail. At mile 7 mile turn sharply right across the wooden bridge and follow the bike trail to the Main Park Road. Turn left across the dam. Turn around the grassy median at the dam parking lot. Return across the dam (mile 8) and turn left on the bike trail following the shore line to the finish. Considered the most scenic of all Running Tour courses. Because of mostly downhill after the highest point at mile 1, except for the one mile, 150 feet elevation climb at mile 5, this is a fast and relatively easy 15K.

